

Interpreted By



# Chakra System

PERSONALITY PROFILER

Prepared For -  
Test Report  
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**Dr Paras Wellness Pvt Ltd**

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# Chakra System Personality Profiler (CSPP)

— Colour Scheme & Energy Centres —



**SAHASRARA (CROWN)**  
Spirituality / Consciousness



**AJNA (THIRD EYE)**  
Wisdom / Intuition



**VISHUDDHA (THROAT)**  
Communication / Clarity



**ANAHATA (HEART)**  
Love / Compassion



**MANIPURA (SOLAR PLEXUS)**  
Energy / Vitality



**SWADHISTHANA (SACRAL)**  
Emotions / Creativity



**MULADHARA (ROOT)**  
Basic Trust / Security



You Are Fail This Test

You Are Fail This Test

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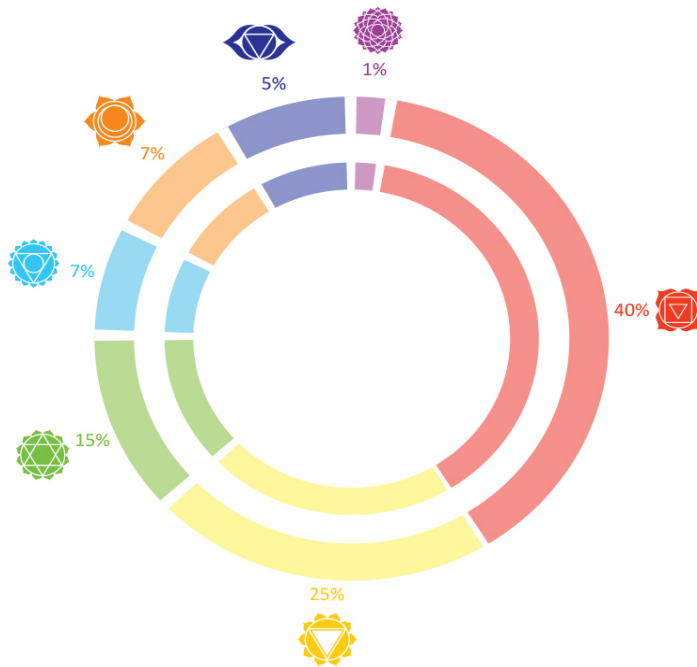




### Energy Balance Techniques

- Positive thought patterns/ Affirmations
- Getting out in the sun for a few hours
- Being in nature
- Art or Pet Therapy
- Eating foods that contain each of the seven color energies
- Meditation and/or Yoga
- Aromatherapy
- Music & Dance
- Toning & Sounds
- Water color solarized by the sun
- Syntonics (colored glasses)
- Positive color décor in your home or office
- Clothing color
- Surround yourself with color  
(calming colors in bedroom, stimulating colors in workplace)





**The Builders**

Lovers of Details, foundations & structures



**The Artists**

Lovers Of Life, Experience & Feeling



**The Achievers**

Energetic Pursuers Of Ambitions & Heights



**The Caretakers**

Emotionalists Who Wish To Help



**The Speakers**

Charismatic Leaders & Guides



**The Thinkers**

Keen Observers & Idea - Makers



**The Yogis**

Silent & Reclusive Meditators

The 7 Chakras are an amazing description of life's different rainbow colors; life's different energies and aspects. In each of us, these different aspects and colors blend and express in a unique way that forms our original individuality. There's no doubt that personalities are complex and multi-dimensional, and a thorough understanding of our dominant Chakras reveals the basics of the underlying patterns that support a person to navigate life successfully in many different ways.

**Self-Awareness**

To become aware of our Chakra Personality Type provides a much better understanding of ourselves, our needs, wishes, and behaviours

**Balance**

The understanding of our Chakra Personality Type gives direct insights into areas we might easily get out of balance or struggle with and provides with effective tools to maintain a more balanced life.

**Life Purpose**

To know our Chakra Personality Type reveals what truly makes us happy, how we most naturally & effectively express in the world and what gifts we have brought to this life.

**Compassion**

The understanding that other beings experience the world very differently and have different needs & values helps to feel other people where they are at and to avoid misunderstanding and conflict.

Knowing your Chakra Personality type and removing blockages is about aligning your life with your authentic self. Chakra balancing and healing is about treating the 7 chakras and making modifications as desired. This fills you with a deeper sense of meaning and fulfilment. With some self-care work, you can keep the chakras 'open' for greater physical, mental, and emotional well-being. Being connected with your true self leads to the creation of a balanced life.